

## **Anderson Valley Village - Shopping Guidelines during Pandemic.** 22.10.20b

This guide assumes that AVV volunteers who are shopping for older adults are at less risk, but each volunteer is responsible for making his or her own assessment of this. Smokers or asthmatics, for example, should probably not volunteer. Masks may be required by public health and are important if 6-foot separation is not possible.

### **Shopper:**

1. Avoid contact with vulnerable community members:
  - a. Discuss shopping details with recipient in advance by phone, email or text.
  - b. For the sake of protecting the recipient, assume that you are a carrier of the virus.
  - c. If you enter the recipient's home, wear a surgical mask.
2. For the sake of protecting yourself and your family, assume that you will be contaminated.
  - a. Practice social distancing. Shop when crowds are least likely.
3. Transport items in bags or boxes that can be easily recycled or disposed of. Paper is best.

### **Recipient:**

1. Avoid contact with shopper. Assume they are infectious even if it seems unlikely.
2. Plan with shopper by phone, text, or email: date / time, payment, store choice and delivery.
  - a. Pay for items by phone in advance if possible. (for example, prescription medications)
  - b. If shopper prefers cash, plan ahead to pay upon delivery. Round up.
  - c. Provide shopper with legible list of items and quantity. Specify brand only if essential.
3. Consider using stores that allow ordering and paying in advance, by phone or internet.
4. Do not order any prepared foods that you will not cook (like from a salad bar).